



### Clear + Brilliant Gentle Laser Post Procedure Instructions

Immediately after treatment, you may experience some redness and mild swelling, but both typically diminish in about 12 hours.

Over the next few days, you may experience some itchiness or skin sensitivity (to touch or temperature). Both are indications of the natural rejuvenation process and typically diminish a few days after treatment. The new epithelium will start to form within 24 hours of treatment and this process may last for 4 days or longer. During this time, exercise increased care of the treated area.

Most typical skin care products and practices can be used the day after treatment. A bland, gentle, fragrance-free moisturizer is recommended for the skin after treatment.

Avoid using any topical skin care products containing retinoids or topical corticosteroids for 1-2 weeks after treatment.

Avoid aggressive exfoliation of the skin after treatment.

Avoid exposing the treated area to UV rays. Apply SPF 30 or greater when going outdoors.

Though it is uncommon, you may notice dryness/flakiness of the skin after treatment. Avoid scratching the area and apply moisturizer as needed.

Uncommonly, you may experience an acne outbreak or petechiae (a rash of purple or red spots). These occurrences are more common in those patients with a history of acne prone skin, delicate skin or vascular conditions. Very rarely, you may experience pin point bleeding of the treated area.

If you have any questions or concerns regarding your Clear + Brilliant treatment, please contact our office at 250-277-2290.