



Fractora Advanced RF MicroNeedling Post Procedure Information

Post Procedure Skin Treatment:

It is important to note that each client responds differently to advanced skin treatments, and therefore downtime will differ from one individual to another. It is critical to follow the recommendations below to minimize the potential risk of any issue occurring post treatment:

1. Redness and tightness are typical in the first 1-4 days after treatment.
2. It is recommended that makeup not be applied the day of treatment. Pure mineral makeup is required following treatment for optimal results.
3. Use a non-AHA cleanser to wash the treated area, avoiding exfoliation and irritation until all redness diminishes.
4. Do not pick, pull or scratch or scratch on any exfoliating or loosening skin.
5. Make sure skin is kept hydrated with any of the following products: Polysporin, TripleAction Ointment or Vaseline for the first 3-4 days.
6. Avoid direct sun exposure and apply an appropriate sunscreen (of at least 30 SPF) during the day.
7. Discontinue the use of Retin-A (or products containing retinol), Renova, Avage and Tazorac for a minimum of 5-7 days post-procedure.
8. Avoid electrolysis and/or waxing or use depilatories for a minimum of 7 days.
9. Avoid Botox or dermal fillers for a minimum of 14 days post-procedure.
10. Avoid any radiofrequency treatments or chemical peels for a minimum of 14 days post-procedure.

For two to three days following your treatment:

1. Do not use hot tubs, saunas or steam rooms.
2. Do not direct a hair dryer onto the treated area.
3. Do not use mechanical exfoliators such as loofahs or exfoliation creams.
4. Do not participate in excessive physical activities.
5. Do not go swimming.
6. Try to minimize activities that could ultimately cause overheating.
7. Do not have the treated area directly under hot running water, for example, in the shower.