



Clinical MicroPeel post Procedure Instructions

Peeling with Micropeel

Micropeel is one step clinical procedure formulated with 30% or 20% glycolic acid. A Biophora Peel of 20 % or 30 % Salicylic acid, or 20%, 30%, 50% Glycolic acid or Lactic Acid. A Vitamin C Masque (after SkinCeuticals Peel Only) will reduce the appearance of fine lines and wrinkles, hyperpigmentation, laxity, dullness, and skin imperfections in a series of 4-6 procedures.

The SkinCeuticals/Biophora Peel steps are designed for customization to accommodate all skin types. Customized Micropeel programs are based on a medical skin assessment and patient needs.

Please carefully read the list of contraindications:

- Active gastric or duodenal ulcers
- Chronic asthma attacks
- Active-phase inflammatory acne
- Actinic dermatitis
- Pregnancy or breastfeeding
- Active fever blisters
- Oral acid vitamin A treatment underway or terminated less than 12 months before
- High phototype
- Excess sun exposure
- Medical treatment: tell your doctor about all ongoing treatments so that they may verify any possibly existing counter-indications.

Please take into account a wash-out period if you have had any of the below treatments:

- Any medicine containing anticoagulants
- Fever blisters 4-6 weeks after wound-healing
- Acid Vitamin A taken orally 12 months
- Acid Vitamin A administered locally 1 week
- Botox injection 1-2 weeks
- Collagen injections 2 weeks before or after injection
- Post-peeling 2-4 weeks depending on the type of peeling
- Post-laser 8 weeks
- Face surgery 6 weeks after, wait for edema to disappear
- Electrolysis 7 days before or after
- Hair color or bleach treatment 1 week before or after
- Wax or chemical hair removal 3 weeks after
- Laser hair removal 6-8 weeks after



Additional Prescriptions:

In certain cases, your doctor may prescribe additional treatments preceding a peel:

- Inflammatory acne: local and/or oral treatment
- Herpes: anti-viral treatment
- Mycosis: anti-fungal treatment

Important recommendations

After a peeling session, the recommended post-treatment routine is as follows for the next week:

AM: Phyto Corrective Gel and Ultimate Defense 30 or Sheer Physical Defense SPF 50

PM: Phyto Corrective Gel and Epidermal Repair

Post Peeling

In order to optimize the MicroPeel results, it is recommended to:

- Avoid all exposure to the sun
- Wear a minimum SPF 30 (Ultimate Defense 30 is recommended)

WARNING

- **Do not scratch or remove the peeling skin**
- **Avoid all sun exposure because skin is photosensitized**
- **Avoid using abrasive products (scrubs, exfoliating sponges)**

Side Effects

- Slight desquamation is possible for the 3 to 5 days following the peeling
- Itching, irritation, redness, increased sensitivity
- Risk of hyperpigmentation with darker skin types (patch-testing is recommended)

Precautions

The MicroPeel treatment contains high concentration of active ingredients and acids that may cause skin irritation in certain cases (redness, inflammation, itching, peeling). It is recommended to conduct sessions every 2 weeks. Higher frequency or any use not complying with the recommended conditions may aggravate irritation. Extreme redness, swelling, cutaneous eruptions are abnormal and must be immediately reported to your doctor.

In case of persistent sensation of burning in the eyes, immediately consult an ophthalmologist.